



## Relaxation & Balance

Abadía Retuerta LeDomaine offers the chance to completely disconnect with our most holistic treatments

A unique opportunity to take care of body, mind and spirit. De-stress and experience a state of complete wellbeing and relaxation with the perfect combination of the relaxing power of Tibetan singing bowls, yoga and water, as well as all their therapeutic benefits. A journey through sounds, sensations and holistic experiences that will lead you to a deep state of relaxation, meditation and personal connection.

### Terms and conditions

- The above package is valid until the end of 2020 (except public holidays and prolonged weekends).
- It does not apply to groups and cannot be combined with any other package or promotion.
- Reservations should be made at least one week in advance.
- For a three-night stay, offer includes an Indian Head Massage combined with Tibetan bowls of 90'. Price and conditions on request.
- Services included in this promotion will not be changeable or refundable. They also must be booked in advance.
- Taxes included. Cancellation policies apply.

### Offer includes

- Two-night stay in double room accommodation.
- Full Butler Service.
- "À la carte" breakfast.
- Free Minibar and unlimited internet access.
- Access to the Santuario Wellness & Spa, swimming pool, fitness centre, bicycles and yoga room (must be pre-booked).
- Two Sessions of "Tibetan Singing Bowls - Sound Therapy" of 30' each one.
- An individual treatment "Balancing Ritual VibraHealing" of 60' per person.
- Unique Experience: to choose between one session of Water Yoga or Mindfulness of 60'.

From :  
**1450€**

double occupancy